

FAST FACTS

about CRS Teen Transition Clinic

Teen Transition Clinic (TTC) uses a multi disciplinary team to help youth with special health care needs who are between the ages of 12 and 21 make the transition to adult life - whether that means postsecondary education, the workplace, or the community.

What is involved?

Before attending TTC, the young person participates in a pre-vocational evaluation. The results are used to assist in planning additional services and seeking supports and accommodations that may be needed after high school.

During TTC, the young person and their family work together with the team to explore and address areas of concern along with options in planning for the future. Clinic topics include:

- Education
- Physical and emotional health
- Independent living
- Employment
- Adaptive equipment
- Recreation
- Social relationships

Who is involved?

In addition to the youth and their family, the TTC team can consist of the following professionals:

- Pediatrician/Adolescent Medicine Physician
- Vocational Evaluator
- Vocational Rehabilitation Counselor
- Community Support Specialist
- Rehabilitation Engineer
- Social Worker
- Clinic Coordinator

Participation in clinic is encouraged from individuals who have a desire to support the young person as they work towards their goals for independence.

After completing TTC, the youth and their family are given a written summary of information from the clinic visit, along with team members' suggestions and resources for further planning.

Referrals to TTC can be made by the client, parent/caregiver, teachers, doctors, therapists, CRS Staff, and others.



For more information about the
Teen Transition Clinic in your area,
call 1-800-846-3697 or
visit rehab.alabama.gov

